



# For Your First Day of School!

We want your child to have the best first day at The Gardner School. You can help make this a smooth and easy transition for your child with the following first-day tips:

- Ensure that all **paperwork** for your child's file is completed.
- You will want to provide a **change of clothing** for your child, including underwear, socks and shoes. If your child is in our 3-year-old classroom or older, he or she will wear a TGS uniform Monday through Thursday during the school year. Fridays, as well as every day during our summer session, are free dress days! The extra clothing you bring does not have to be a TGS uniform.
- Don't forget **diapers, wipes and any other diaper creams** (if applicable). Any medication dispensed by TGS must have a doctor's note before being administered. Any creams or lotions also need a medication form, but they do not need a doctor's signature.
- Bring **photos of your family** to display in the classroom. With difficult transitions, it sometimes helps for children to have a comforting family photo.
- Sheets, blankets and cots are provided for naptime for each child. If there is a **comfort item** that will help your child feel at ease, such as a sleep blanket, pacifier or small sleep toy, you may bring that in as well. However, cubby space is limited, so we ask that all items are able to fit into their cubby and that you do not bring toys to school other than on our "Show and Share" days. All items brought from home need to be taken home to be washed at the end of the week.
- Having a **designated routine** will always help your child feel more secure when at school, so you may want to establish a consistent time schedule or designated route.
- **Lingering in the classroom** during drop off can sometimes have a negative effect. We have TV screens available in the front lobby for you to watch your child's drop-off transition, as well as phones in every classroom so that you can speak to the teachers directly.
- Remember that we are a **peanut-sensitive environment!** To keep our children with allergies safe, no outside food may be brought into the school without the approval of the director.